**Restoration Ministries**

**Video Conference – 8 PM. (Central) Jan. 8, 2018**

**“Understanding and Dealing with Core Belief and Guardian Lies”**

In this session we are going to consider those 2 types of lies that affect people and their relationship with God or with one another, and how are we to deal with these lies?

In John 8:31-32 the Lord Jesus was speaking to Jews professing to have believed on Him and Jesus said, **“If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.”** There are 3 characteristics of a genuine follower of Jesus Christ.

1. They \_\_\_\_\_\_ **on** to His \_\_\_\_\_\_\_\_\_\_ (the Word of God).
2. They come to \_\_\_\_\_\_\_\_\_ **the truth** of God’s Word.
3. They are **set \_\_\_\_\_\_\_ through God’s truth**.

Jesus went on speaking to this same group, who claimed to have believed on Him, and addressed their hypocrisy in John 8:42-47, “If God were your Father, you would love me, for I have come here from God. I have not come on my own; God sent me. Why is my language not clear to you? **Because you are unable to hear what I say.”**

Why were these professing believers unable to hear and respond to the Lord?

Jesus continues, **“You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.** Yet because I tell the truth, you do not believe me! Can any of you prove me guilty of sin? If I am telling the truth, why don’t you believe me? **Whoever belongs to God hears what God says (the truth).** The reason you do not hear is that you do not belong to God.”

**Question:** What is language of the Lord Jesus?

 What is the language of the Devil?

 What universal language does a true believer in Jesus seek?

The person who belongs to God and is truly a disciple of the Lord Jesus, **hears and responds to what God says (the truth).** Jesus said in John 10:27-29, “My sheep listen to my voice; I know them and **they follow me**. I give them eternal life and they shall never perish; no one can snatch them out of my hand. My Father who gave them to me is greater than all, no one can snatch them out of my Father’s hand.”

Once we become a child of God and are born again **we are eternally \_\_\_\_\_\_\_\_\_\_.** Satan cannot prevent us from spending eternity with our Lord, however, he works hard to try to **hinder us** now from living and walking in and enjoying victory and freedom in Christ.

**How does he do that?**

In this session we are going to consider two different types of lies the enemy uses to hinder believers, and what must be done to demolish the power and impact of those lies in a believer’s life.

**I. CORE BELIEF LIES**

 **A. See Core Belief Chart**

 1. Events

 2. Behavior / Responses

 3. Core Belief System – The Heart

a. \_\_\_\_\_\_\_\_\_ are stored

 b. Emotional \_\_\_\_\_\_\_

 c. \_\_\_\_\_\_\_ of Satan

 d. God wants to renew our mind with truth

 e. We can believe what’s false, true/false, or the truth, about God, our self,

 our spouse, others, life, etc…

What must we always evaluate beliefs with?

f. Behavior responses (right or wrong) flow out of what’s believed in the core

 belief system.

 B. Satan Uses Abuse and Traumatic Events and Ungodly Influences like a Double

 Edged Sword

1. One side of the sword causes emotional \_\_\_\_\_\_\_\_\_\_ to the heart
2. The other side of the sword instills a lie in the core belief system
3. Core belief lies
4. Guardian lies

 **C. Examples of Core Belief Lies Illustrated in Scripture**

 1. **Abram & Sarah – Gen. 16**

 a. **Events** - God promised them a \_\_\_\_\_\_\_

  Years passed and Sarah was still childless – 16:1

 What emotional pain was she experiencing?

 b. In her pain and desperation she came up with an idea.

 What is the **Core Belief** lie she’s believing? – v. 2

 “the LORD has kept me from having children” – It’s \_\_\_\_\_\_\_\_\_. We have to

 implement plan b.

 c. **Their responses** came out the belief of a lie tied to emotional pain – 16:2b-6

 d. How is the world still be impacted as a result of acting on this lie?

  **2. Moses**

 a. Events - His people were in slavery, He saw a Hebrew brother being beaten

 Ex. 2:11

 b. What was his response? – Ex. 2:12

 c. What did he believe in his core belief system that produced this response?

1. He could \_\_\_\_\_\_\_\_\_ the Israelites through his abilities and strength and he had the right to get \_\_\_\_\_\_\_\_\_\_ for this injustice.
2. He believed he could get away with it and hide his actions.
3. He responded out of what he was believing and likewise, we will respond

out of what we believe.

 d. Another Event - Discovery – Ex. 2:13-14

 1) What is his response? v. 15

1. This time of failure was a painful time in his life.
2. What core belief lie did he begin believing about himself? “I’m a \_\_\_\_\_\_”
3. How did he respond because of believing this lie?
4. God appears to Moses and calls him to lead Israel out of Egyptian

bondage. – Ex. 3:1-6

 6) What was Moses response to God’s call? Ex 3:11, 13, 4:1, 10, 13

 Why?

 Has God been calling you to a task and a core belief lie is hindering

 you from following the call? If so what is the lie and what are the

 painful events of the past that are reinforcing that core belief?

1. **Peter**
2. **Event** – He denied the Lord Jesus and wept bitterly – Luke 22:54-62
3. What negative thoughts would Peter have struggled with because of this

personal failure?

1. How did these negative core beliefs affect Peter – Cmp. Jn. 21:1-3

**Response –** “I’m going out to fish” – Grk. – “I’m going back to my fishing

business”

1. How did Jesus encourage Peter and help him overcome his core belief

lies? Jn. 21:15-19

 D. What are examples of core belief lies people believe that affect everyday life?

 1. Examples on power point slides

 2. I’m a failure, can’t do anything right

 3. My value (being loved) is based on my ability to perform

1. I’m dirty, damaged
2. I’m ugly, stupid, never be good enough
3. I’m unlovable
4. What is a core belief lie you have struggled with in the past?

**II. GUARDIAN LIES**

1. **Definition –** Any belief that hinders a person from **moving forward and into the**

**place of truth and healing with the Lord Jesus and others** (a spouse, relative,

Christian friend, etc.) **or into a place of reconciliation and blessing with the**

**Lord or with others.**

1. See Guardian Lie Chart
2. These are negative thoughts and lies that act as roadblocks keeping a person or God’s people from experiencing blessing, hope, and healing. These lies are very powerful. They can be vows that a person has made in their pain or doubt that will keep them stuck.
3. **An Example in Scripture of People Who Believed a Guardian Lie**
4. **The 10 Israelite Spies** who saw the beauty and bounty of the promised land,

but also **saw all the \_\_\_\_\_\_\_\_\_\_\_\_, and the giants in the land, and refused to believe they could go in and conquer the land.**

1. They said in Numb. 13:31 – “We can’t attack those people; they are stronger than we are.”, v,32 – “The land we explored devours those living in it. All the people we saw there are of great size…We seemed like grass-

hoppers in our own eyes, and we looked like grasshoppers to them.”

1. What was the primary emotion that controlled them and kept them from

entering the promised land? Fear

1. Most guardian lies will have a fear base that flows out of something that

 has happened in a person’s past.

1. **Joshua and Caleb didn’t believe these guardian lies from Satan.**

They said, “Do not be afraid, we will swallow them up. Their protection is gone, but the LORD is with us. Do not be afraid of them.” (Numb. 14:9)

1. Did the Israelites believe God and His promises or did they believe the

 spies who were believing guardian lies?

1. How long did the Israelites wander in the wilderness because of believing these guardian lies?
2. How can believing a guardian lie or lies hinder us from living an abundant Christian life, and keep our children or grandchildren from entering into that place of blessing, truth, and healing with the Lord Jesus?
3. **These lies can be strategically placed by Satan or demons to keep a person or a counselor from getting to the deeper root issues causing havoc in a person’s life or marriage.**
4. These lies can stand in the way of a person accessing the memories and emotions caused by a traumatic event that has been repressed. If we don’t

access those memories we can’t bring the lies associated with the memory

to the Lord Jesus, and it prevents the healing of that emotional pain and

prevents the Lord from cleansing away the lie with His Truth.

1. A person may believe also that if they recover the memory and go back to the memory, it will be so painful they will die, or they won’t be able to handle it.
2. They need to let Jesus take them to that painful place and let Him comfort them and show them how He wants to comfort them in that place and

speak His peace into their pain and then cleanse away the lies they have believed in that pain with His truth. (This has to be done in prayer)

 Cmp. Ps. 139:**23-24 -** Search me, God, and know my heart; test me and

 know my anxious thoughts. See if there is any offensive way in me, and

 lead me in the way everlasting.

1. **Examples of Guardian Lies that Keep People from Going into That Place of**

**Truth and Healing with the Lord Jesus and Their Spouse**

1. My pain (problem) > God’s ability to comfort or resolve
2. I must put up walls to keep my heart from being hurt again
3. No one cares / Jesus won’t even care
4. No one can ever know what was done to me, or what I did
5. God is going to give me a burden (task) I can’t bear.
6. My spouse must change before I will change, and If I don’t see change I’m not going to make any changes.
7. There is no hope for our marriage, or that my spouse will ever change.
8. I’m not at fault, all the fault is on them, I’m justified to not seek reconciliation, or continue in my sin (anger and bitterness).
9. What I’ve done is unforgiveable, God could never forgive me.
10. The common denominator of all of these negative thoughts (guardian lies), is that in one way or another **the lies keep a person from experiencing the inner healing of the Lord Jesus.**

**III. SUMMARIZE THE DIFFERENCE BETWEEN CORE BELIEF LIES AND**

 **GAURDIAN LIES**

1. How would you define or distinguish the difference?
2. Are all Core Belief Lies Guardian Lies?
3. Is It Possible for a Guardian Lie to also Be a Core Belief Lie?

**IV. WHAT MUST BE DONE TO BREAK THE POWER OF CORE BELIEF OR**

 **GUARDIAN LIES?**

1. **We Must Chose to Stop Living Out of The Lie and Embrace the Truth**
2. Where will we find the Truth?

2. God is a God of absolute truth

 a. Cannot lie

 b. Jesus said, “I am the truth” – Jn. 14:6

 c. The Holy Spirit is the Spirit of truth who is given to us as our indwelling

 counselor to guide us into all truth – Jn. 16:13

d. God’s Word is True – 2 Tim. 3:16-17, Ps. 33:4, 119:160

1. We Must Prayerfully **Recognize the Lies** of the Enemy
2. Ask Jesus to take you by the hand and walk back with you in your memory to

the places of emotional pain (fear, shame, or guilt) where you first began to

believe the lie. This may be very early in life.

1. Ask Him, where were you at that time in my life? Did you see what happened? Do you care? What did this do to my heart? How do you

want to care for me and for that pain?

1. What lie or lies did I begin believing at that time? Begin to identify or

write down the lies.

1. Ask the Lord Jesus, what He wants you to do with the lies?
2. We Must Make the Decision to **Renounce the Lies** of the Enemy – 2 Cor. 10:3-5
3. It’s the lie that gives the enemy to hold on to his strongholds in our life.
4. In prayer confess to the Lord Jesus the lie or lies are that you are believing.
5. This involves a decision to stop allowing the lies to have power over you

any longer.

1. We Must **Replace the Lie with God’s Truth**
2. What does God’s Word say?
3. Ask the Lord Jesus in Prayer what truths He wants to replace the lies with and then let Him speak His truth into your heart and assure you of that truth.
4. When Jesus was being tempted by Satan in the wilderness to believe

Lies He quoted from Scripture? He stood on the truths of the Word

Of God. (Cmp. Matt. 4:1-11)

1. God’s truth is always more powerful than the devil’s lie and God’s

Truth will cleanse the lie out of our hearts as we embrace His truth.

1. Purpose to Live Out of the Truth
2. Eph. 4:23 – “be renewed in the spirit of your mind”
3. Romans 12:2a **– “**be transformed by the renewing of your mind.”
4. **Resist the Enemy** by Faith and Through Faith – 1 Pet. 5:9a

Open things up for questions: